

ALLIANCE

Wednesday - 7:00PM Never Alone (O)
Pamlico County Senior Citizens Building
800 Main St. Alliance, NC, 28515

AYDEN

Sunday - 7:00PM Freedom Bound (D, WC, O)
Ayden Town Hall
4106 West Street Ayden, NC, 28513

Monday - 7:00PM Freedom Bound (D, WC, O)
Community Building
548 Second St Ayden, NC, 28513

GOLDSBORO

Sunday - 7:30PM Start Over Group of NA (O, TW)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

Monday - 6:00PM On the Journey (D, To)
God's House of Prayer
716 East Elm St Goldsboro, NC, 27560

Monday - 7:30PM Start Over Group of NA (BT, O)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

Tuesday - 7:30PM Start Over Group of NA (B, O)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

Wednesday - 7:30PM Start Over Group of NA (O, St)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

Thursday - 7:30PM Start Over Group of NA (O, So)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

Friday - 7:30PM Start Over Group of NA (O, LC)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

Saturday - 7:30PM Start Over Group of NA (D, O)
Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530

GREENVILLE

Sunday - 3:00PM Vision of Hope (S)

1600 Chestnut St. Greenville, NC, 27834

Sunday - 6:00PM New Life (D, WC, O, To)
York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834

Monday - NOON Vision of Hope (D, MED, O)

1600 Chestnut St. Greenville, NC, 27834

GREENVILLE (CONT)

Monday - 7:00PM New Life (D, WC, O, St)
York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834

Monday - 8:00PM Surrender to Win (B, O, St, Tr)
St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858

Tuesday - NOON Vision of Hope (O, St)

1600 Chestnut St. Greenville, NC, 27834

Tuesday - 7:00PM New Life (D, WC, O, Tr)
York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834

Tuesday - 7:00PM Steps To Freedom (C)
First Christian Church
2810 E 14th St Greenville, NC, 27858

Tuesday - 8:00PM Surrender to Win (O, L)
St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858

Wednesday - NOON Vision of Hope (D, IP, O)

1600 Chestnut St. Greenville, NC, 27834

Wednesday - 7:00PM Vision of Hope, 1600 CHESTNUT ST GREENVILLE NC 27834 (AB)

1600 Chestnut St Greenville, NC, 27834

Wednesday - 8:00PM Surrender to Win (D, O)
St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858

Thursday - 3:00PM Vision of Hope (D, O, L)

1600 Chestnut St. Greenville, NC, 27834

Thursday - 7:00PM New Life (D, WC, O, LC)
York Memorial AME Zion Church Parking on Tyson St
Meeting will be closed on November 16, 2017
201 Tyson St Greenville, NC, 27834

Thursday - 7:00PM Unity (WC, CD)
St. Timothy's Episcopal Church (room 20)
107 Louis St. Greenville, NC, 27858

Friday - NOON Vision of Hope (D, O, L)

1600 Chestnut St Greenville, NC, 27834

Friday - 8:00PM Surrender to Win (D, O, L)
St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858

Saturday - NOON Vision of Hope

1600 Chestnut St. Greenville, NC, 27834

GREENVILLE (CONT)

Saturday - 2:00PM Living Clean Group (O, L)

131 Oakmont Dr Greenville, NC, 27858

Saturday - 6:00PM New Life (D, IP, WC, O)
York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834

Saturday - 7:00PM Unity (WC, CD)
St. Timothy's Episcopal Church (room 20)
107 Louis St. Greenville, NC, 27858

KINSTON

Sunday - 7:00PM New Beginnings (BT, L)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

Monday - 7:00PM New Beginnings (BT)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

Tuesday - 7:00PM New Beginnings (Tr)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

Wednesday - 7:00PM New Beginnings (B)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

Thursday - 7:00PM New Beginnings (St)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

Friday - 7:00PM New Beginnings (PTT)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

Saturday - 7:00PM New Beginnings (SD)
Mary's Kitchen
110 Independence St Kinston, NC, 28501

MOREHEAD CITY

Sunday - 7:00PM Soaring Free (O, SD)
Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557

Monday - 7:00PM Soaring Free (O, L)
Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557

Tuesday - 7:00PM Soaring Free
Peer Recovery Center
3900 Bridges St. Morehead City, NC, 28557

Wednesday - 7:00PM Soaring Free (IP, O)
Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557

MOREHEAD CITY (CONT)

Thursday - 7:00PM Soaring Free (D, O)
Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557

Friday - 8:00PM Soaring Free (O, To)
St. Andrews Episcopal Church *Planned Topic*
2005 Arendell St. Morehead City, NC, 28557

Saturday - 8:00PM Soaring Free (D, CL, O)
St. Andrews Episcopal Church
2005 Arendell St. Morehead City, NC, 28557

NEW BERN

Sunday - 8:00PM Clean Freedom (D, WC, O)
The Lighthouse
400 New St New Bern, NC, 28560

Monday - 11:30AM Small Wonders (D, WC, O)
Christ Episcopal Church 2nd floor
320 Pollack St New Bern, NC, 28560

Monday - 8:00PM Clean Freedom (BT, D, WC, O)
The Lighthouse
400 New St New Bern, NC, 28560

Tuesday - 6:30PM Small Wonders (D, O)
Christ Episcopal Church
320 Pollack St New Bern, NC, 28560

Tuesday - 8:00PM Clean Freedom (WC, O, L)
The Light
400 New St New Bern, NC, 28560

Thursday - 6:30PM Small Wonders (D, O)
Christ Episcopal Church
320 Pollack St New Bern, NC, 28560

Friday - 7:00PM Fresh Start (O)
Garber United Methodist Church (3rd floor) 3rd floor
4201 Country Club Rd. New Bern, NC, 28562

Friday - 8:00PM Friday Night Meeting (D, O)
Mount Calvary Church
509 Carroll St New Bern, NC, 28560

Saturday - 8:00PM Clean Freedom (D, WC, O)
The Light
400 New St New Bern, NC, 28560

WASHINGTON

Sunday - 8:00PM Keep It Simple (D, O)
Westbrook Housing Authority
100 Manuel Dr. Washington, NC, 27889

MEETING FORMAT LEGEND

AB Ask-It-Basket	B Beginners
BT Basic Text	C Closed
CD Closed Discussion	CL Candlelight

D Discussion	IP Informational Pamphlet
L Literature Study	LC Living Clean
MED Just for Today Study	O Open
PTT Pass The Torch	S Spiritual Principals
SD Speaker/Discussion	So Speaker Only
St Step	TW Traditions Workshop
To Topic	Tr Tradition
WC Wheelchair	

SERVICE MEETINGS

The ASC meets on the Third Sunday of each month at it's centralized location in New Bern at Christ Episcopal Church 320 Pollock St. Subcommittees start at 1pm and the ASC starts at 2pm.

PHONE NUMBERS



**DOWN EAST AREA
MEETING LIST
OCTOBER 2018**

**24 HOUR HELPLINE
Toll Free (866) 321-1631
Local (252) 321-1631**

**DEANA
PO Box 590
Bridgeton, NC 28519**

<https://dea-na.org>

SUGGESTIONS

- Avoid People, Places, and Things You Used With or At
- Come Early and Stay Late
- Don't Use and Go to Meetings
- Get and Use a Sponsor
- Get a Home Group
- Go to 90 Meetings in 90 Days
- Use the Phone
- Keep Coming Back, It Works
- Get Involved In Service