

ALLIANCE**Wednesday - 7:00PM** Never Alone (O)Pamlico County Senior Citizens Building
800 Main St. Alliance, NC, 28515**AYDEN****Sunday - 7:00PM** Freedom Bound (D, WC, O)Ayden Town Hall
4106 West Street Ayden, NC, 28513**Monday - 7:00PM** Freedom Bound (D, WC, O)Community Building
548 Second St Ayden, NC, 28513**GOLDSBORO****Sunday - 7:30PM** Start Over Group of NA (TW, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**Monday - 6:00PM** On the Journey (D, To)Salvation Army
610 North William St Goldsboro, NC**Monday - 7:30PM** Start Over Group of NA (BT, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**Tuesday - 7:30PM** Start Over Group of NA (B, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**Wednesday - 7:30PM** Start Over Group of NA (St, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**Thursday - 7:30PM** Start Over Group of NA (So, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**Friday - 7:30PM** Start Over Group of NA (LC, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**Saturday - 7:30PM** Start Over Group of NA (D, O)Saint Paul's Church Enter in rear parking lot
204 East Chestnut St Goldsboro, NC, 27530**GREENVILLE****Sunday - 3:00PM** Vision of Hope (S)

1600 Chestnut St. Greenville, NC, 27834

Sunday - 6:00PM New Life (D, WC, To, O)York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834**Monday - NOON** Vision of Hope (D, MED, O)

1600 Chestnut St. Greenville, NC, 27834

Monday - 7:00PM New Life (D, WC, St, O)York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834**GREENVILLE (CONT)****Monday - 8:00PM** Surrender to Win (B, St, Tr, O)St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858**Tuesday - NOON** Vision of Hope (St, O)

1600 Chestnut St. Greenville, NC, 27834

Tuesday - 7:00PM New Life (D, WC, Tr, O)York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834**Tuesday - 7:00PM** Steps To Freedom (C)First Christian Church
2810 E 14th St Greenville, NC, 27858**Tuesday - 8:00PM** Surrender to Win (L, O)St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858**Wednesday - NOON** Vision of Hope (D, IP, O)

1600 Chestnut St. Greenville, NC, 27834

Wednesday - 7:00PM Vision of Hope (AB)

1600 Chestnut St Greenville, NC, 27834

Wednesday - 8:00PM Surrender to Win (D, O)St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858**Thursday - NOON** Vision of Hope (D, L, O)

1600 Chestnut St. Greenville, NC, 27834

Thursday - 7:00PM New Life (D, WC, LC, O)York Memorial AME Zion Church Parking on Tyson St
Meeting will be closed on November 16, 2017
201 Tyson St Greenville, NC, 27834**Thursday - 7:00PM** Unity (WC, CD)St. Timothy's Episcopal Church (room 20)
107 Louis St. Greenville, NC, 27858**Friday - NOON** Vision of Hope (D, L, O)

1600 Chestnut St Greenville, NC, 27834

Friday - 6:30PM It Works

407 Mumford Rd Greenville, NC, 27834

Friday - 8:00PM Surrender to Win (D, L, O)St. Paul's Episcopal Church
401 E. 4th St. Greenville, NC, 27858**Saturday - NOON** Vision of Hope

1600 Chestnut St. Greenville, NC, 27834

Saturday - 2:00PM Living Clean Group (L, O)Unitarian Church Across the street from fitness
connection

131 Oakmont Drive Greenville, NC, 27858

Saturday - 6:00PM New Life (D, IP, WC, O)York Memorial AME Zion Church Parking on Tyson St
201 Tyson St Greenville, NC, 27834**Saturday - 7:00PM** Unity (WC, CD)St. Timothy's Episcopal Church (room 20)
107 Louis St. Greenville, NC, 27858**KINSTON****Sunday - 7:00PM** New Beginnings (BT, L)Mary's Kitchen
110 Independence St Kinston, NC, 28501**Monday - 7:00PM** New Beginnings (BT)Mary's Kitchen
110 Independence St Kinston, NC, 28501**Tuesday - 7:00PM** New Beginnings (Tr)Mary's Kitchen
110 Independence St Kinston, NC, 28501**Wednesday - 7:00PM** New Beginnings (B)Mary's Kitchen
110 Independence St Kinston, NC, 28501**Thursday - 7:00PM** New Beginnings (St)Mary's Kitchen
110 Independence St Kinston, NC, 28501**Friday - 7:00PM** New Beginnings (PTT)Mary's Kitchen
110 Independence St Kinston, NC, 28501**Saturday - 7:00PM** New Beginnings (SD)Mary's Kitchen
110 Independence St Kinston, NC, 28501**MOREHEAD CITY****Sunday - 7:00PM** Soaring Free (SD, O)Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557**Monday - 7:00PM** Soaring Free (L, O)Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557**Tuesday - 7:00PM** Soaring FreePeer Recovery Center
3900 Bridges St. Morehead City, NC, 28557**Wednesday - 7:00PM** Soaring Free (IP, O)Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557**Thursday - 7:00PM** Soaring Free (D, O)Peer Recovery Center
3900 Bridges St Morehead City, NC, 28557**Friday - 8:00PM** Soaring Free (To, O)St. Andrews Episcopal Church *Planned Topic*
2005 Arendell St. Morehead City, NC, 28557**Saturday - 8:00PM** Soaring Free (D, CL, O)St. Andrews Episcopal Church
2005 Arendell St. Morehead City, NC, 28557**NEW BERN****Sunday - 8:00PM** Clean Freedom (D, WC, O)

The Lighthouse 400 New St New Bern, NC, 28560
Monday - 11:30AM Small Wonders (D, WC, O) Christ Episcopal Church 2nd floor 320 Pollack St New Bern, NC, 28560
Monday - 8:00PM Clean Freedom (BT, D, WC, O) The Lighthouse 400 New St New Bern, NC, 28560
Tuesday - 6:30PM Small Wonders (D, O) Christ Episcopal Church 320 Pollack St New Bern, NC, 28560
Tuesday - 8:00PM Clean Freedom (WC, L, O) The Light 400 New St New Bern, NC, 28560
Thursday - 6:30PM Small Wonders (D, O) Christ Episcopal Church 320 Pollack St New Bern, NC, 28560
Friday - 7:00PM Fresh Start (O) Garber United Methodist Church (3rd floor) 3rd floor 4201 Country Club Rd. New Bern, NC, 28562
Friday - 8:00PM Friday Night Meeting (D, O) Mount Calvary Church 509 Carroll St New Bern, NC, 28560
Saturday - 8:00PM Clean Freedom (D, WC, O) The Light 400 New St New Bern, NC, 28560
SWANSBORO
Tuesday - 7:30PM No Matter What Group Swans pro United Methodist Church Building 1/Room 27 665 W Corbett Ave Swansboro, NC, 28584
WASHINGTON
Sunday - 8:00PM Keep It Simple (D, O) Westbrook Housing Authority 100 Manuel Dr. Washington, NC, 27889

MEETING FORMAT LEGEND	
AB Ask-It-Basket	B Beginners
BT Basic Text	C Closed
CD Closed Discussion	CL Candlelight
D Discussion	IP Informational Pamphlet
L Literature Study	LC Living Clean
MED Just for Today Study	O Open
PTT Pass The Torch	S Spiritual Principals

SD Speaker/Discussion	So Speaker Only
St Step	TW Traditions Workshop
To Topic	Tr Tradition
WC Wheelchair	

SERVICE MEETINGS

The ASC meets on the Third Sunday of each month at it's centralized location in New Bern at Christ Episcopal Church 320 Pollock St. Subcommittees start at 1pm and the ASC starts at 2pm.

PHONE NUMBERS



**DOWN EAST AREA
MEETING LIST
DECEMBER 2018**

**24 HOUR HELPLINE
Toll Free (866) 321-1631
Local (252) 321-1631**

**DEANA
PO Box 590
Bridgeton, NC 28519**

<https://dea-na.org>

SUGGESTIONS

- Avoid People, Places, and Things You Used With or At
- Come Early and Stay Late
- Don't Use and Go to Meetings
- Get and Use a Sponsor
- Get a Home Group
- Go to 90 Meetings in 90 Days
- Use the Phone
- Keep Coming Back, It Works
- Get Involved In Service

Meetings Weekly: 58